

Wavehist 24 Tablet

Betahistine (24 mg) Tablet

Description:

Betahistine (24 mg) is a histamine analog used for the treatment of Ménière's disease and vestibular disorders. It improves inner ear blood flow, reducing symptoms like vertigo, tinnitus, and hearing loss.

Composition:

Each tablet contains:

- **Betahistine Dihydrochloride: 24 mg**
-

Indications:

Betahistine (24 mg) is indicated for:

1. **Ménière's Disease:**
 - Management of symptoms such as vertigo, ringing in the ears (tinnitus), and progressive hearing loss.
 2. **Vestibular Vertigo:**
 - Treatment of recurrent dizziness caused by inner ear disorders.
-

Mechanism of Action:

Betahistine acts as:

- A partial histamine H1 receptor agonist and H3 receptor antagonist.
 - It enhances blood circulation in the inner ear by improving the microvascular flow.
 - Reduces endolymphatic pressure in the inner ear, alleviating vertigo and tinnitus.
 - Facilitates vestibular compensation by improving balance control.
-

Dosage and Administration:

- **Usual Adult Dose:**
 - 1 tablet (24 mg) taken twice daily, preferably with food to minimize gastric discomfort.
 - Adjust dosage based on the patient's response and severity of symptoms.
 - **Pediatric Use:**
 - Not recommended for children.
-

Side Effects:

Common side effects:

- Nausea
- Headache
- Stomach discomfort

Rare side effects:

- Skin rash, itching, or hives (allergic reaction).
 - Mild gastric upset.
-

Precautions:

1. **Peptic Ulcer Disease:**
 - Use cautiously in patients with a history of gastric ulcers.
2. **Asthma:**
 - Monitor closely in patients with bronchial asthma.
3. **Pregnancy and Breastfeeding:**
 - Use only if clearly necessary under medical advice.
4. **Hypotension:**
 - Betahistine may cause a slight drop in blood pressure.

are essential to monitor progress and adjust the dosage if necessary. Always use under medical supervision.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,
Panchkula-134113

TM: Trademark Applied for

Contraindications:

- **Hypersensitivity to Betahistine or any tablet ingredient.**
- **Pheochromocytoma (adrenal gland tumor).**

Drug Interactions:

- **Antihistamines:** May reduce the therapeutic effect of Betahistine.
- **Monoamine Oxidase Inhibitors (MAOIs):** Potential increase in Betahistine levels; monitor closely.

Storage Instructions:

- **Store at 15°C–30°C (room temperature).**
- **Protect from light and moisture.**
- **Keep out of reach of children.**

Note: Betahistine may take several weeks to achieve optimal results. Regular follow-ups